



RULES & REGULATIONS

PICKLEBALL (DOUBLES)

1. The ball is served underhand from the right side of the court and is played diagonally across to the other service court.
2. While serving the point of contact have to be below waistline.
3. During service the server have to stay behind the court as touching a line while serving is a fault.
4. The defending side must let the ball bounce first before it can be returned and, subsequently, the serving side also has to let the ball bounce. It is only on the third ball that the ball can be returned immediately. Either you can play a volley or you can let the ball bounce first.
5. You win a point if the defending side does not manage to return the ball, hits the ball out, does not let the serve ball bounce, volleys in the non-volley zone, or is hit by the ball. The game ends when one of the parties gets 11 points, with a 2-point lead.
6. When a side scores a point, the same person serves, but from the other side of the court. When a player loses a point, the serve goes to the opponent and the opponent begins the service on the right.
7. When playing singles, the player serves from the left if he or she has an uneven number of points, and from the right with an even number of points.
8. A player can only step inside the kitchen area with one foot if the ball bounces inside that particular area. After hitting the ball the player have to step back inside the playing area



sej@khuddam.co.uk

VISIT IJTEMA.ORG.UK/SPORTS FOR MORE INFO.