

itoma 2025-26 Syllabus

THEME OF THE YEAR Duradisc Paradisc Our God ہمارا بہشت ہمارا خداہے

Mhat's Now

Talim Quiz

(Local → Regional → National Format)

Allegations Response Competition

To assess participants' ability to memorise, understand, and confidently respond to allegations against Islam/Jama'at.

Find detailed information detailed syllabus below



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Tilawat



Rules and Regulations:

- · Verses must not be recited from outside the syllabus.
- · The marks will be given for
- a) pronunciation of Arabic
- b) Quality and Clarity of voice
- c) Quality of Melody
- · Judges reserve the right to stop a reciter at any point.

1.

Surah Al- Anam: 102 to 105

بَرِيْعُ السَّمَوْتِ وَالْاَرْضِ ﴿ اَنَّى يَكُونُ لَهُ وَلَمْ قَلُنْ لَهُ صَاحِبَةً ﴿ وَخَلَقَ كُلَّ شَيْءٍ ﴿ وَهُو بِكُلِّ شَيْءٍ ﴿ وَخَلَقَ كُلَّ شَيْءٍ ﴿ وَخُلَقَ كُلَّ شَيْءٍ ﴿ وَهُو بِكُلِّ شَيْءٍ وَهُو عَلَى كُلِّ شَيْءٍ وَهُو عَلَى كُلِّ شَيْءٍ وَكِيْلُ ﴿ عَلِيْمُ وَاللَّهِيْمُ الْخَبِيْرُ ﴿ وَهُو عَلَى كُلِّ شَيْءٍ وَكِيْلُ ﴿ لَا تُدْرِكُهُ الْاَبْصَارُ ﴿ وَهُو اللَّهِيْفُ الْخَبِيْرُ ﴿ قَدْ جَآءَكُمْ بَصَائِرُ مِنْ رَبِّكُمْ ﴾ فَمَنْ اَبْعَدِيْرُ ﴿ قَدْ جَآءَكُمْ بَصَائِرُ مِنْ رَبِّكُمْ ﴾ فَمَنْ اَبْصَرَ فَلِنَفْسِه ﴾ وَمَنْ عَمِي فَعَلَيْهَا ﴿ وَمَا آنَا عَلَيْكُمْ بِحَفِيْظٍ ﴿

2.

Surah An-Naml: 63 to 65

اَمَّنَ يُجِيْبُ الْمُضْطَرِّ إِذَا دَعَاهُ وَيَكُشِفُ السُّوْءَ وَيَجْعَلُكُمْ خُلَفَآءَ الْاَرْضِ ﴿ عَالُهُ مَّحَ اللهِ ﴿ قَلِيْلًا مَّا تَذَكَّرُونَ ﴿ اللهِ ﴿ اللهِ مَا لَذَكُمُ وَلَ اللهِ ﴿ اللهِ عَلَى اللهِ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَا اللهِ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهِ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمَّا اللهُ عَمَا اللهُ عَمْ اللهُ عَلَا عَا عَلَا عَالَا عَلَا عَلَا عَاللهُ عَمَا اللهُ عَلَا عَلَا عَالَا اللهُ عَمْ اللهُ عَمْ اللهُ عَمْ اللهُ عَلَا عَالَا عَمَا عَلَا عَلَا عَمَا عَلَا عَلَا عَلَا عَلَا عَالَهُ عَمَا اللهُ عَلَ

الله نُورُ السَّمَوْتِ وَالْكُرُضِ مَثَلُ نُورِهِ كَمِشْكُوةٍ فِيْهَا مِصْبَاحٌ مُ الْمِصْبَاحُ فِيْ زُجَاجَةٍ مُ الرُّجَاجَةُ كَأَنَّهَا كُوكَبُ دُرِيَّ وَالْاَرْضِ مَثَلُ نُورِهِ كَمِشْكُوةٍ فِيْهَا مِصْبَاحٌ مُ الْمِصْبَاحُ فِيْ زُجَاجَةٍ مَ الرُّجَاجَةُ كَأَنَّهَا كُوكَبُ دُرِيَّ وَيَوْ لَمْ تَمْسَسُهُ نَارُ مُ نُورً يُوكَ مِنْ شَجَرَةٍ مُّبِرَكَةٍ زَيْتُونَةٍ لَا شَرْقِيَّةٍ وَلَا غَرْبِيَّةٍ " يَكَادُ زَيْتُهَا يُضِيْءُ وَلَوْ لَمْ تَمْسَسُهُ نَارُ مُ نُورً عَلَى اللهُ الْاَمْقَالَ لِلنَّاسِ مُ وَاللهُ بِكُلِّ شَيْءٍ عَلِيمً ﴿ فِي عَلَيمُ اللهُ الْمُعَلِّ لِلنَّاسِ مُ وَاللهُ بِكُلِّ شَيْءٍ عَلِيمً ﴿ فِي عَلَيمُ اللهُ الل

4.

Surah Al-Hashr: 22 to 25

كُو ٱنْزَلْنَا هٰذَالْقُرْانَ عَلَى جَبَلٍ تَرَايْتَهُ خَاشِعًا مُّتَصَدِّعًا مِّنْ خَشْيَةِ اللهِ ﴿ وَتِلْكَ الْاَمْثَالُ نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ ۞ هُوَ اللهُ الَّذِيْ لَآ اِلْهَ اللهِ عَلَمُ الْعَيْبِ وَالشَّهَاءَةِ ۚ هُوَ الرَّحْمُنُ الرَّحِيْمُ ۞ هُوَ اللهُ الَّذِيْ لَآ اِلْهَ اللهِ هُوَ عَلِمُ الْعَيْبِ وَالشَّهَاءَةِ ۚ هُوَ الرَّحْمُنُ الرَّحِيْمُ ۞ هُوَ اللهُ الَّذِيْ لَآ اِلْهَ اللهِ اللهُ الْهُو عَلَى الْمُومِنُ الْعَيْبِ وَالشَّهَاءَةِ ۚ هُوَ الرَّحْمُنُ الرَّحِيْمُ ۞ هُو اللهُ اللهُ اللهُ اللهُ الْمُؤمِنُ الْعَيْبِ وَالشَّهُ الْعَنْ الْمُؤمِنُ الْعَيْبِ وَالشَّهُ الْمُؤمِنُ الْعَيْبِ وَالشَّهُ اللهُ الله





Rules and Regulations:

- · The marks will be given for
 - a) Pronunciation of Arabic
 - b) Quality and Clarity of voice
 - c) Quality of Melody.
- · Judges reserve the right to stop a reciter at any point.
- Judges may ask any contestant to recite the Fajr Adhan or the standard one.

ٱللَّهُ ٱكْبُرُ ٱللَّهُ ٱكْبَرُ ٱللَّهُ ٱكْبُرُ ٱللَّهُ ٱكْبُرُ اَشْهَدُانُ لَّالِلْهَ إِلَّاللَّهِ اَشْهَدُانُ لَّالِلَّهِ إِلَّاللَّهِ اَشُهَدُانَ مُحَبَّدًارَّسُولُ الله الشُّهَدُانَّ مُحَبَّدًارَّسُولُ الله حَيَّ عَلَى الصَّلُوة حَيَّ عَلَى الصَّلُوة حَيَّ عَلَى الْفَلاح حَيَّ عَلَى الْفَلاح ٱلصَّلُوةُ خَيْرٌمِّنَ النَّوْمِ ٱلصَّلُوةُ خَيْرٌمِّنَ النَّوْمِ ٱللّٰهُ ٱكْبَرُ ٱللّٰهُ ٱكْبَرُ كِرِالْهَ إِلَّاللَّهُ

Note: Part in red must only be recited in the Adhan for Fajr



Rules and Regulations:

- A Nazm must not be delivered from outside the syllabus.
- · The marks will be given for
 - a) Proper pronunciation of words according to language.
 - b) Quality of melody
 - c) Clarity of voice
- Couplets may not be repeated.
- · Judges reserve the right to stop a reciter at any point.

كلام حضرت مسيح موعود العَلَيْكُ إِنَّ

ایک دم بھی کل نہیں پڑتی مجھے تیرے سوا جال کھٹی جاتی ہے جیسے ول گھٹے بیار کا

کس قدر ظاہر ہے نور اُس مبدء الانوار کا بن رہا ہے سارا عالم آئینہ آبُصار کا چاند کو کل دیکھ کر میں سخت نے کل ہو گیا کیونکہ کچھ تھا نشاں اُس میں جمالِ یار کا خبثم مت ہر حسیں ہر دم د کھاتی ہے تجھے ہاتھ ہے تیری طرف ہر گیسوئے خمدار کا

Kis qadar zaahir hai noor us Mabda'ul-Anwar ka Ban rahā hai sārā 'ālam ā'inah absār kā Chānd ko kal dekh kar main sakht bekal ho gayā Kyunke kuchh kuchh thā nishān us mein jamāl-e-yār kā Chashm-e-mast-e har hasīn har dam dikhātī hai tujhe Hāth hai terī taraf har gaisu-e-khamdār kā Ek dam bhī kal nahīn partī mujhe tere siwā Jān ghatī jātī hai jaise dil ghate bīmār kā

كلام حضرت مسيح موعود العَلَيْ الر

بالله حُزْتُ الفضلَ لا بدهاءِ تثنى عليه وليس حولُ ثناءِ نى هناه الدنيا وبعد فناءِ كادت تُعقيني سيولُ بكائ ربًّا رحيًا كاشف الغَبّاءِ

على من الرحين ذي الآلاءِ كيف الوصول إلى مدارج شكره الله مولانا وكافلُ أمرنا لولا عنايته بزمن تطَلُّبي بشهی لنا إنا وجدُنا مؤنسًا

ہمسر نہیں ہے اُس کا کوئی نہ کوئی ثان غیروں سے دِل لگانا جھوٹی ہے سب کہانی یہ روز کر مبارک سُبْحَانَ مَنْ یُرَانُ

حمدوثنا اُسی کو جو ذات جاودانی باقی وہی ہمیشہ غیر اُس کے سب ہیں فانی سب غیر ہیں وہی ہے اک دل کا یار جانی دل میں میرے یہی ہے سُبْحَانَ مَنْ يَّرَانُ سب کا وہی سہارا رحمت ہے آشکارا ہم کو وہی پیارا دِلبر وہی ہمارا اُس بن نہیں گذاراغیر اُس کے جھوٹ سارا

Ḥamdu sanā usī ko jo zāt-e-jāvdānī Hamsar nahīn hai us kā ko'ī na ko'ī sānī Bāgī wohī hameshah ghair us ke sab hain fānī Ghairon se dil lagānā jhotī hai sab kahānī Sab ghair hain wohī hai ek dil kā yār-e-jānī Dil mein mere yahī hai Subḥāna man yarānī Sab kā wohī sahārā rahmat hai āshkārā Ham ko wohī piyārā dilbar wohī hamārā Us bin nahīn guzārā ghair us ke jhūth sāra Yeh roz kar mubārak Subhāna man yarānī

Khudā se chāhiye hai low lagānī Ke sab fānī hain par woh ghair-fānī Wohī hai rāhat-o ārām-e-dil kā Usī se rūh ko hai shādmānī Wohī hai chārah-e ālām-e-zāhir Wohī taskīn-deh-e dard-e-nihānī SIPAR bantā hai woh har nātawān kī Wohī kartā hai us kī pāsbānī Bachātā hai har ek āfat se unko Talātā hai balā-e nāgahānī Jise us Pāk se rishtā nahīn hai Zamīnī hai, nahīn woh āsmānī Usī ko pā ke sab kuchh ham ne pāyā Khilā hai ham pe yeh rāz-e-nihānī Khudā ne ham ko dī hai kāmrānī Fa-subhānal-ladhī awfāl-amānī

معزت مصلح موعور في الله

خُدا سے چاہئے ہے لو لگانی که سب فانی بیں پر وہ غیر فانی وہی ہے راحت و آرام ول کا اُسی سے رُوح کو ہے شادمانی وہی ہے چارہ آلام ظاہر وبى تسكيس دِهِ دردِ نهاني سیّر بنتا ہے وہ ہر ناتواں کی وہی کرتا ہے اس کی پاسانی بچاتا ہے ہر اک آفت سے ان کو ٹلاتا ہے بلائے ناگہانی جے اُس یاک سے رِشتہ نہیں ہے زمینی ہے، نہیں وہ آسانی اُسی کو یا کے سب کچھ ہم نے پایا کھلا ہے ہم یہ یہ رازِ نہانی خُدا نے ہم کو دی ہے کامرانی فَسُبْحَانَ الَّذِي اَوْفَى الْأَمَانُ

Propared Speech English & Urdu



Rules and Regulations:

- There will be extra marks for memorisation.
- The duration of the speech must be between three to four minutes.
- After the expiry of four minutes the speaker must vacate the dice.
- Marks will be given for:
 - a) Quality of content
 - b) How well subject matter has been covered.
 - c) Style of delivery
 - d) Memory
- · A speaker may only speak on one of the following topics:
- 1- "Our Paradise lies in our God"
- 2- How can the attributes of Allah be manifested in our daily lives?
- 3- "Those who believe are stronger in their love for Allah"
- 4- Salāt: Anchoring the Heart to Allah
 - 1 ہمارا بہشت ہمارا خدا ہے 2 روز مرہ زندگی میں صفات باری تعالیٰ کا ظہور کس طرح ہو سکتا ہے 3 وہ لوگ جو ایمان لائے اللہ کی محبت میں (ہر محبت سے) زیادہ شدید ہیں 4 نماز: دل کو اللہ کے ساتھ جوڑنے کرنے کا ذریعہ

Extempore Speech & Urdu



Rules and Regulations:

- Every participant will draw two topics and choose one of the two for his speech.
- Every participant will be given two minutes for preparation and another two minutes for the delivery of the speech.
- The marks will be given for:
 - a) Quality of content
 - b) How well subject matter has been covered
 - c) Style of delivery
 - d) Memory

Bait-Bazi Competition



Rules and Regulations:

- One team per region may participate in this competition. The team should consist of three Khuddam, no more—no less.
- · Couplets may be recited from:
 - a) Durre-Sameen
 - b) Kalam-e-Mahmood
 - c) Kalam-e-Tahir
 - d) Durre-Adan
- A couplet must begin to be read out within 20 seconds. Failure to do so will result in disqualification.
- If a team is disqualified owing to the above, the same couplet opening will be given to the next in line.

Prosontation & litema Syllabus 2025-26 Composition

Presentation Competition Rules English (Only):

- A team of up to three Khuddam from each region can take part in the competition; at least one will deliver the presentation, while the other members can control the slides. The whole region can help the team to prepare the presentation.
- The presentation must be delivered on one of the following two topics:
 - 1- Has Losing God Made Society More Free or Anxious?
 - 2- Contentment: Islam's Answer to Consumer Culture
- The duration of each presentation will be five minutes. The first bell will be rung after four minutes and after the second bell the presenter would have to leave the rostrum.
- The allocation of the marks will be as follows:
 - i)10 marks for the style of delivery
 - ii) 10 marks for content & subject matter
 - iii) 5 marks for pronunciation
 - iv) 15 marks for audio-visual presentation

Allegations Response Competition



1. Objective

The purpose of this competition is to assess participants on their ability to memorise, understand, and confidently present accurate responses to allegations against Islam/Jama'at.

2. Format

- Organisers will provide a pre-approved list of allegations.
- · Each participant must select ONE allegation from the list.
- The participant must answer entirely from memory and learn the official answer to the chosen allegation.
- Each participant will be given 2–3 minutes to deliver their response.

3. Scoring Criteria (Total: 30 Marks)

- A. Memory & Accuracy (10 marks)
- B. Delivery & Clarity (10 marks)
- C. Confidence & Composure (10 marks)

Allegations

- (1) Does Islam oppress women?
- (2) Do you get killed for leaving Islam?
- (3) Why does Islam allow multiple wives?
- (4) Why did the Holy Prophet Muhammad (sa) fight in wars?
- (5) Did Islam only spread by the sword?
- (6) Why do Muslims need the Promised Messiah (as)?
- (7) Why do Muslims need Khilafat?
- (8) How can there be a prophet after the Holy Prophet Muhammad (sa)?
- (9) What is the purpose of Chanda when there's already Zakat?
- (10) Why don't Ahmadi Muslims pray behind non-Ahmadi Muslims?
- (11) How do we know God exists?

Essay Writing Competition Urdu & English



Rules and Regulations:

The topic of this year's essay is:

i) "Our Paradise lies in our God"

- The essay should be no more than 2000 words.
- The essay should be typed up and submitted electronically

to talim@khuddam.co.uk

- The final submission deadline is: 30th June, 2026
 Prizes will be distributed at the National litema.
- The front page should include the topic, name of the participant, his qiadat, his region and his contact details.





(Local → Regional → National Format)

LEVEL 1: LOCAL QIADAT QUIZ (KAHOOT ROUND)

Format

- Conducted in each Qiadat using Kahoot.
- All Khuddam may participate.
- · Top three highest scorers qualify for the Regional Level.

Rules

- · Real names must be used on Kahoot.
- No external help, searching, or assistance.
- Scores shown on Kahoot are final Advancement
- Top 3 individuals → Regional litema Quiz.

LEVEL 2: REGIONAL IJTEMA QUIZ

This is a formal, stage-based, guiz conducted by the Regional Talim team.

Format

A professional-style quiz including multiple rounds, such as:

- 1. MCQ Round (written or projected)
- 2. Quick Response
- 3. Short Answer Round
- 4. Rapid Fire Round (individual)

Regions may customise the exact rounds, but the standard must remain uniform across the region.

Team Composition

- Each Qiadat sends 3 Khuddam (winners of Level 1).
- They compete as a team at Regionals.

Advancement

- Winning Qiadat team → National Level.
- In case of tie:
 - One tiebreaker question → first correct wins.
 - If equal, second tiebreaker question.

LEVEL 3: NATIONAL IJTEMA QUIZ (FINAL CHAMPIONSHIP)

Format

The National competition will use a highly structured, stage-based quiz, which may include:

- MCQ Round
- Quick Response Round
- Rapid Fire
- Memorisation Round (Hadith / Qur'an / History)

Hifz-c-Qur'an ijtema Syllabus 2025-26 Competition

Rules and Regulations:

- The participant will be tested from any of the portions of the Holy Qur'an that are listed in the Hifz syllabus.
- Memorisation of the translation will not be tested, but participants should try to understand its meaning for themselves.
- Marks will be given for the following categories:
 - i. Memorisation
 - ii. Accuracy of delivering words
 - iii. Memorising the references

Hifz-e-Qur'an syllabus is as follows:

- 1. Surah Al-Bagarah, Chapter 2, Verses 1-17
- 2. Surah Al-Bagarah, Chapter 2, Verses 255-258
- 3. Surah Al-Bagarah, Chapter 2, Verses 285-287
- 4. Surah Ale Imran, Chapter 3, Verses 26-31
- 5. Surah Ale Imran, Chapter 3, Verses 103-110
- 6. Surah Ale Imran, Chapter 3, Verses 191-195
- 7. Surah Al-Ma'idah, Chapter 5, Verses 117-121
- 8. Surah Al-An am, Chapter 6, Verses 96-109
- 9. Surah Ar-Ra d, Chapter 13, Verses 9-14
- 10. Surah An-Nahl, Chapter 16, Verses 67-71
- 11. Surah Bani Isra'il, Chapter 17, Verses 79-85
- 12. Surah Al-Kahf, Chapter 18, Verses 1-11, 103-111
- 13. Surah Al-Mu'minun, Chapter 23, Verses 1-12
- 14. Surah An-Nur, Chapter 24, Verses 56-57
- 15. Surah Al-Furgan, Chapter 25, Verses 64-78
- 16. Surah Al-Ahzab, Chapter 33, Verses 70-74
- 17. Surah Ha Mim As-Sajdah, Chapter 41, Verses 31-37

Hifz-c-Ahadith Competition



Rules and Regulations:

The participant will be tested from any of the Ahadith that are listed in the hifz syllabus.

- · Marks will be given for the following categories:
 - I. Memorisation
 - ii. Accuracy of delivering the words
 - iii. Memorising the translation

Save yourself from the Fire, even if it is by offering a fragment of a date (as Sadaqah), and for the one who does not even have that much, by saying a kind word. (Bukhari - Kitab-ul-Adab)

A little that suffices one's need is better than plenty that makes him forgetful (of Allah). (Chehl Ahadith)

Speaking (without thinking) leads to trouble. (Chehl Ahadith)

The man who takes back his gift is like the one who licks his own vomit. (Muslim)

None of you can be a true believer unless he loves me more than his parents, children, and all the people combined. (Bukhari, Vol.I, Kitabul Eeman)

He who is not kind to our younger ones and does not recognize the right of our elders, is not from among us. (Abu-Dawood)

Deeds are judged by motives, and everyone is rewarded according to his motives. (Bukhari-Kitab Fazz'ilul Qur'an)

خَيْرُكُمْ مِّن تَعَلَّمَ الْقُوْانَ وَعَلَّمَهُ-

The best among you is the one who learns the Qur'an and teaches it. (Bukhari, Kitab Faza'ilul Qur'an)

طَلَبُ الْعِلْمِ فَرِيْضَةٌ عَلَى كُلِّ مُسْلِمٍ وَّ مُسْلِمَةٍ ـ

Seeking of knowledge is obligatory upon every Muslim man and woman. (Baihiqi)

لَيْسَ الْخَبْرُ كَالْمُعَايِنَةِ.

Hearsay is not like seeing (Ahmed Bin Hunbal)

الجَنَّةُ تَحْتَ اَقْدَامِ الْأُمَّهَاتِ.

Paradise is under the feet of mothers (Sunan Nisaie)

الَغِيْبَةُ اَشَدُّ مِنَ الْقَتْلِ.

Backbiting is worse than killing

تَرْكُ الدُّعَآءِ مَعْصِيَةٌ ـ

It is a sin to abandon praying.

ٱلمُسْلِمُ مَنْ سَلِمَ الْمُسْلِمُونَ مِنْ لِسَانِهِ وَيَهِ،

A (true) Muslim is he who keeps protected other Muslims from his tongue and hands. (Bukhari, Kitabul Eeman)

لَا يُؤْمِنُ أَحَدُ كُمْ حَتَى يُحِبُّ لِأَخِيْهِ مَا يُحِبُّ لِنَفْسِهِ

None among you is a true believer unless he likes from his brother (in faith) what he likes for himself. (Bukhari, Kitabul Eeman)

اَلتَّكَاثِبُ مِنَ الذَّنْبِ كَسَنُ لَا ذَنْبَ لَهُ۔

A man who sincerely repents for his sins is like one who has never sinned. (Ibni Maja, Kitabuz Zuhd)

أَكْرِمُوْا أَوْلاَدْكُمْ وَأَحْسِنُوْا أَدْبَهُمْ.

Respect your children and cultivate good manners in them. (Ibn Majah)

عُوْدُوا الْمَرِيْضَ وَ أَطْعِمُوا الْجَالِّعْ وَ فُكُوا الْعَانَ _

Visit the sick, feed the hungry and liberate those in bondage. (Bukhari)

مَنْ كَانَ يُؤْمِنُ بِاللَّهِ وَالْيَوْمِ الْأَخِرِ فَلَا يُؤْذِ جَارَتُهُ

Whoever believes in Allah and the Day of Judgement should not hurt his neighbour. (Bukhari)

مَا هَلِكَ امْرَةً عَرَفَ قَلْرَهُ

He who knows his own worth, will never perish. (Chehl Ahadith)

He The best action in the sight of Allah is that which is done with regularity, even if it is small.

There are two expressions which are very dear to Allah, the Gracious. They are light on the tongue (easy to say), but are very heavy in the scales (of Allah). Those are: "Holy is Allah and worthy of all praise; Holy is Allah, the Great." (Bukhari)

A word of goodness is an act of charity. (Bukhari)

The strong person is not he who defeats other in wrestling. The strong person is he who has full control over himself during his anger. (Bukhari - Kitabul Adab)

Allah does not look upon your bodies and your outward appearance but He looks at your hearts. (Muslim)

A hypocrite has three characteristics: When he speaks, he tells a lie; when he makes a promise, he breaks it; and when entrusted (with something), he violates the trust. (Bukhari)

God helps a person who helps his brother (in mankind).(Bukhari; Muslim Kitabuz Zikr)(28)

Abuse by (or of) a Muslim is an evil. (Bukhari)

A Muslim is a mirror of another Muslim. (Bukhari)

Listen my child! Say the name of Allah, eat with your right hand, and eat from that which is in front of you. (Bukhari)

A man who sincerely repents for his sins is like one who has never sinned. (Ibni Maja, Kitabuz Zuhd)

Cleanliness is a half of faith. (Muslim)

The best of you is he who is best in treating his family, and i am best in the treatment of my family. (Tirmizi)

Allah prefers those who hasten to be the first to greet others (saying "Assalamu 'alaikum"). (Abu-Dawood)

Everyone of you is a ruler and will be answerable in respect of his subjects. (Bukhari-Kitabun Nikah)

A person who severs the ties of kinship will not enter Paradise. (Bukhari)

One who does not show mercy will not be shown mercy. (Bukhari-Kitabul Adab)

In the large dose of a thing causes intoxication, its small quantity is also unlawful. (Abu-Dawood)

The upper hand is better than the lower hand. (Muslimi-Kitabuz Zakat)

Nothing is heavier in the scales (of Allah) than the excellence of conduct. (Abu-Dawood)

Hifz-c-Adiyyah ijtema Syllabus 2025-26 Competition

Rules and Regulations:

- The participant will be tested from any of the Ahadith that are listed in the hifz syllabus.
- · Marks will be given for the following categories:
 - i.Memorisation
 - ii. Accuracy of delivering the words
 - iii. Memorising the translation

PRAYERS FROM THE HOLY QUR'AN

"Our Lord, grant us good in this world as well as good in the world to come, and protect us from the torment of the Fire." (Surah al-Bagarah, Ch.2: V.202)

"O our Lord, pour forth steadfastness upon us, and make our steps firm, and help us against the disbelieving people." (Surah al-Baqarah, Ch.2: V.251)

03 رَبَّنَا لَا تُوَّاخِذْنَآ اِنْ نَسِيْنَآ آوْ آخْطَاْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَآ اِصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِيْنَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَاغْفِرْ لَنَا وَارْحَمْنَا آنْتَ مَوْلْمِنَا فَانْصُرْنَا عَلَى الْقَوْمِ الْكُفِرِيْنَ ـ

"O our Lord, pour forth steadfastness upon us, and make our steps firm, and help us against the disbelieving people." (Surah al-Baqarah, Ch.2: V.251)

"Our Lord, do not punish us, if we forget or fall into error; and our Lord, lay not on us a responsibility as Thou didst lay upon those before us. Our Lord, burden us not with what we have not the strength to bear; and efface our [sins], and grant us forgiveness and have mercy on us; Thou art our Master; so help us Thou against the disbelieving people." (Surah al-Baqarah, Ch.2: V.287)

"Our Lord, let not our hearts become perverse after Thou hast guided us; and bestow on us mercy from Thyself; surely, Thou alone art the Bestower." (Surah Al-e-Imran, Ch.3: V.9)

PRAYERS OF THE HOLY PROPHET

"O Allah, I have greatly wronged my soul, and there is none who can forgive except You, so forgive me and have mercy on me. Surely You are the Most Forgiving, Oft-Returning with Mercy." (Sahih al-Bukhari, Kitab ad-da'wat, Hadith 6326)

"There is none worthy of worship except Allah, He is One and has no partner. Allah is the Greatest, all praise is due to Him. Holy is Allah, the Lord of All the Worlds. There is no might and power but that of Allah the All-Powerful, All-Wise."

"O Allah forgive me, have mercy on me, guide me and provide for me." (Sahih Muslim, Kitab adh-dhikri wa d-du'a, Hadith 6848)

"O Allah forgive me, have mercy on me, guide me, protect me and provide for me." (Sahih Muslim, Kitab ad-dhikri wa d-du'a, Hadith 6850)

"O Allah, there is none worthy of worship except You. O Allah I seek Your forgiveness for my sins, and seek Your mercy. O Allah, increase me in knowledge, and let my heart not become perverse after you have guided me and grant me Your mercy. Verily, You alone are the Greatest of providers." (Sunan Abi Dawud, Abwab an-nawm, Hadith 5061)

"O Living and Self-Subsisting God, by Your mercy I cry for help." (Sunan at-Tirmidhi, Abaab ad-du'a, Hadith 3524)

11 اَللَّهُمَّ اِنِّي اَسْأَلُكَ بِرَحْمَتِكَ الَّتِيْ وَسِعَتْ كُلَّ شَيْءٍ اَنْ تَغْفِرَ لِيْ ـ

"O Allah! I ask You by Your mercy, which encompasses all things, to forgive me." (Sunan Ibn Majah, Kitab as-siyam, Hadith 1753)

"O Allah! Forgive me, have mercy upon me, and guide me to the path that is straight, right and firm." (Musnad Ahmad ibn Hanbal, Vol. 8, p. 610, Hadith 27126)

"O Allah, I seek refuge in You from the punishment of the grave, and I seek refuge in You from the trial of the Masih al-Dajjal [Antichrist], and I seek refuge in You from the trials of life and death. O Allah, I seek refuge in You from sin and from debt." (Sahih al-Bukhari, Kitab an-azan, Hadith 832)

"O Allah, forgive me my sins, expand my home, and bless me in that which You have provided for me."

It is recorded that the Holy Prophet(sa) used to recite this prayer, that, "O Allah, place light in my heart, light in my sight, light in my hearing, light on my right, light on my left, light above me, light below me, light in front of me, light behind me, and grant me light in abundance." (Sahih al-Bukhari, Kitab ad-da'wat, Hadith 6316)

"O my Allah, I seek Your protection from bad morals, evil deeds and evil desires." (Sunan at-Tirmidhi, Abwab ad-da'wat, Hadith 3591)

17 رَبِّ اغْفِرْ لِيْ خَطِيْنَتِيْ وَ جَهْلِيْ وَاسْرَافِيْ فِيْ آمْرِيْ كُلِّهِ وَمَا آنْتَ آعْلَمُ بِهِ مِنِّى ٱللَّهُمَّ اغْفِرْ لِيْ كَلَّهُ وَمَا آنْتَ آعْلَمُ بِهِ مِنِّى ٱللَّهُمَّ اغْفِرْ لِيْ مَاقَدَّمْتُ وَمَا ٱخْرَتُ وَمَا ٱسْرَدْتُ وَ خَطَايَايَ وَعَمْدِيْ وَجَهْلِيْ وَجِرِّيْ وَكُلُّ ذَٰلِكَ عِنْدِيْ ٱللَّهُمَّ اغْفِرْ لِيْ مَاقَدَّمْتُ وَمَا ٱخْرَتُ وَمَا آسْرَدْتُ وَ مَا آسْرَدْتُ وَمَا آسْرَدُتُ وَمَا آسْرَدُ وَمَا آسْرَدُتُ وَمَا آسْرَدُتُ وَمَا آسْرَدُتُ وَمَا آسْرَدُتُ وَمَا آسْرَدُتُ وَمَا آسْرَدُونَ وَمَا آسْرَدُ وَمَا آسْرَدُنْ وَمَا آسْرَدُ وَمُ اللّهُ مُنْ اللّهُ مُنْ اللّهُ مُنْ وَمَا آسْرَدُ وَمُوالِيْ مَا قَدْمُ مِنْ وَمَهُ لِيْ وَمُا آسْرَدُ وَمَا آسْرَدُ وَمَا آسْرَدُ وَمَا آسْرَدُ وَمَا آسْرَدُ مُ اللّهُ مُنْ اللّهُ مُنْ اللّهُ مُنْ اللّهُ مُنْ اللّهُ مُنْ اللّهُ وَالْمُ اللّهُ مُنْ اللّهُ وَمُ اللّهُ مُنْ اللّهُ مُنْ وَالْمُ اللّهُ وَعَلَيْ وَالْمُوالِقُ وَالْمُ وَلَا لَاللّهُ عَلَيْ عُلْلُهُ مُنْ اللّهُ وَلِيْ مُنْ اللّهُ وَمُنْ اللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ مُنْ اللّهُ وَلَا اللّهُ مُنْ اللّهُ وَاللّهُ وَلَا اللّهُ وَاللّهُ وَاللّهُولُ وَاللّهُ وَلِللللللّهُ وَلْمُ الللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّهُ وَاللّه

"O my Lord, forgive my mistakes, my lack of knowledge, all of my transgression in my matters about which You know best. (This is a prayer being made by the Holy Prophet(sa), in whom such evils are not even possible to fathom. He possessed only virtue. However, he said these things in order to teach his people.) O my Allah, forgive my faults; the mistakes I have made knowingly and out of ignorance, all which I would have committed. O Allah, forgive all those faults which I have committed before and all those which I committed later; those, that I have committed in secret and those which I have committed in the open. You are the First and the Last and You have power over all things." (Sahih al-Bukhari, Kitab ad-da'wat, Hadith 6398)

Hazrat Ibn Abbas(ra) narrates that that the Holy Prophet(sa) used to pray the following during times of difficulty: "There is none worthy of worship but Allah, the Mighty, the Forbearing. There is none worthy of worship but Allah, Lord of the Magnificent Throne. There is none worthy of worship but Allah, Lord of the heavens and Lord of the earth, and Lord of the Noble Throne." (Sahih al-Bukhari, Kitab ad-da'wat, Hadith 6346)

Mus'ab bin Sa'd bin Abi Waqqas(ra) relates from his father, who said, "The Holy Prophet(sa) taught us the following words just as someone teaches how to read and write (he lay emphasis on them just as is done in teaching how to read and write. What was that prayer that he taught?):

20 اللهُمَّ الْهِمْنِيْ رُشْدِيْ وَاعِذْنِيْ مِنْ شَرِّ نَفْسِيْ ـ

"O Allah! Inspire in me guidance and protect me from the evils of my soul." (Sunan at-Tirmidhi, Abwaab-ul-Da'waat, Hadith 3483)

اے میرے محسن اور میرے خدا! مَیں ایک تیر اناکارہ بندہ پُر معصیت اور پُر غفلت ہوں تُونے مجھ سے ظلم پر ظلم دیکھااور انعام پر انعام کیااور گناہ پر گناہ دیکھااور احسان پر احسان کیا۔ تُونے ہمیشہ میری پر دہ پوشی کی اور اپنی بے شار نعمتوں سے مجھے متمتع کیا۔ سواب بھی مجھ نالا کُق اور پُر گناہ پر رحم کر اور میری بے باکی اور ناسپاسی کو معاف فرمااور مجھ کو میرے اس غم سے نجات بخش کہ بجز تیرے اَور کوئی چارہ گر نہیں۔ آمین

"O my Beneficent, O my God, I am a worthless servant of Yours, sinful and forgetful. You have observed me commit wrongdoing after wrongdoing, yet bestowed bounty after bounty. You observed sin after sin, yet bestowed favour after favour. You have always covered my faults and furnished me with countless of Your blessings. Now too, have mercy upon an incapable and sinful person such as myself and forgive my boldness and ingratitude. Save me from this grief, for there is no escape except in You. Ameen." (Maktubat-e-Ahmad [2015], Vol. 2, p. 10)

23

اے رب العالمین! تیرے احسانوں کا مَیں شکر نہیں کر سکتا تُونہایت ہی رحیم و کریم ہے اور تیرے بے غایت مجھ پر احسان ہیں۔ میرے گناہ بخش تامّیں ہلاک نہ ہو جاؤں۔ میرے دل میں اپنی خالص محبت ڈال تا مجھے زندگی حاصل ہو اور میری پر دہ پوشی فرمااور مجھ سے ایسے عمل کراجن سے تُوراضی ہو جائے۔ مَیں تیری وجہ کریم کے ساتھ اس بات سے پناہ مانگتا ہوں کہ تیر ا غضب مجھ پر وار دہو۔ رحم فرمااور دنیا اور آخرت کی بلاؤں سے مجھے بچاکہ ہر ایک فضل و کرم تیرے ہی ہاتھ میں ہے۔ آمین

"O Lord of all the worlds! It is beyond me to offer You gratitude for all Your favours. You are most Merciful and Compassionate, and the bounties that You have conferred upon me are countless. Forgive me my sins, be I am ruined. Fill my heart with sincere love for You, so that I may receive life. Cover my faults and allow me to perform such deeds which become the source of Your pleasure. I seek refuge in Your noble countenance lest your punishment befalls me. Have mercy, have mercy, have mercy, and save me from the calamities of this world and the hereafter. For all grace and compassion is in Your hand. Ameen." (Malfuzat [1984], Vol. 1, p. 235)

اے میرے قادر خدا! اے میرے پیارے رہنما!! تُو ہمیں وہ راہ د کھا جس سے تجھے پاتے ہیں اہلِ صدق و صفااور ہمیں ان راہوں سے بچاجن کا مدعاصر ف شہوات ہیں یا کینہ یا بغض یاد نیا کی حرص وہوا۔

"O my Almighty God, my Beloved Guide! Show us the path which leads the righteous and the sincere to Thee. And save us from treading the path which leads to carnal desires, malice, spite and worldly pursuits." (Paigham-e-Sulh, Ruhani Khazian, Vol. 23, p. 439)

25

اے خداوند قادر مطلق! اگرچہ قدیم سے تیری یہی عادت اور یہی سنت ہے کہ تو بچوں اور اُمیوں کو سمجھ عطا کرتا ہے اور اس دنیا کے حکیموں اور فلاسفر وں کی آئھوں اور دلوں پر سخت پر دے تاریکی کے ڈال دیتا ہے مگر مَیں تیری جناب میں عجز اور تضرع سے عرض کرتا ہوں کہ ان لوگوں میں سے بھی ایک جماعت ہماری طرف تھینچ لاجیسے تُونے بعض کو تھینچا بھی ہے اور ان کو بھی آئھیں ہخش اور کان عطا کر اور دل عنایت فرما تا وہ دیکھیں اور سنیں اور سمجھیں اور تیری اس نعت کا جو تُونے اپنے وقت پر نازل کی ہے۔ قدر پہچان کر اس کے حاصل کرنے کے لئے متوجہ ہو جائیں۔ اگر تُوچا ہے تو تُو ایسا کر سکتا ہے کیونکہ کوئی بات تیرے آگے اُن ہونی نہیں۔ آئین

"O God, the Omnipotent! Even though it is Your practice from time immemorial that You grant intellect to children and the unlettered, and shroud the eyes and hearts of worldly philosophers and thinkers with a dark covering, but I most humbly submit at Your threshold for You to bring over a party from among them into this fold, just as You have bestowed some already. Grant them the eyes, ears and hearts with which they can see, hear and understand and enable them to value the great favour which You have bestowed at its appointed time and to be mindful of it. If You so desire, You can do this, for there is no such thing as impossible for You. Ameen." (Izala-e-Auham, Ruhani Khazain, Vol. 3, p. 120)

Hifz-c-ilhamat Competition



Rules and Regulations:

The participant will be tested from any of the ilhamat (revelation) of Promised Messiah (as) that are listed below.

- · Marks will be given for the following categories:
 - i. Memorisation
 - ii. Accuracy of delivering the words
 - iii. Memorising the translation

يَا أَحْمَدُ فَاضَتِ الرَّحْمَةُ عَلَى شَفَتَيْكَ.

Mercy flows from your lips, O Ahmad.

كَلَامٌ أُفْصِحَتْ مِنْ لَّدُنْ رَبِّ كَرِيْمٍ.

Your dis-course has been made eloquent by the Benevolent Lord.

إِنَّا نُبَشِّرُكَ بِغُلَامٍ مَظْهَرِ الْحَقِّ وَالْعُلى - كَانَّ اللهَ نَزَلَ مِنَ السَّمَآءِ -

We give you good news of a son, who will be accompanied by the manifestation of the True, as if Allah had descended from heaven.

ُ إِنِّن أَحَافِظُ كُلَّ مَنْ فِي الدَّارِ.

I shall keep all those who dwell in this house under My watchful protection.

لَا تَخَفُ إِنَّكَ أَنْتَ الْأَعْلَى.

Have no fear, indeed, you will be on top.

أنْتَ مِنِّيْ بِمَنْزِلَةِ تَوْجِيْدِيْ وَتَفْرِيْدِيْ.

You are to Me as My Tauhid [Oneness] and Tafrid [Uniqueness].

. فَحَانَ أَنْ تُعَانَ وَتُعْرَفَ بَيْنَ النَّاسِ.

The time has come that you should be helped and be made well known in the world.

And all goodness and virtue is contained in the Quran, and in no other book. No one penetrates to its deeper meanings except those whose hearts are pure.' Say, 'The [real] guidance is only the guidance from Allah.'

بُشْرِي لَكَ يَآ أَحَمَدِيْ.

Good news for you, O My Ahmad!

He is the Messenger of Allah in the mantles of all the Prophets; that is, he possesses some characteristic of every Prophet.

Every blessing is from Muhammad, may peace and blessings of Allah be upon him; so, highly blessed is he who taught and he who has been taught.

Allah has placed blessing in you, O Ahmad. Whatever you did let loose, it was not you but it was Allah who let it loose. Allah has taught you the Quran—that is, disclosed its true meanings to you—so that you should warn the people whose ancestors have not been warned, and that the way of the guilty ones might become manifest; that is, he who turns away from you be known. Say, 'I have been commissioned from God and I am the first of the believers.

So many people will come to you that the track on which they travel will become deep.

Such people will help you whom We shall inspire from Ourself.

All kinds of Holiness belong to Allah, who pos-sesses all blessings and is the Highest Being. He will raise your status. The name and remembrance of your forefathers will be cut off and, after you, the family tree will begin with you

I shall humiliate the person, who designs to humiliate you.

You have been blessed, O Ahmad, and you alone deserved the blessing that Allah has bestowed upon you.